

MARCH 2018

Saint Amelia School

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

An old proverb says, "March comes in a like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

5

Tator Tot Bar
Top your Tator Tots with your favorite toppings: ch sauce, taco meat, sour cream, salsa etc...
Broccoli Florets
Diced Pears
Chilled Juice Cup
Milk

6

Ch. & Potato Pierogies
Polish Sausage
Empire Apples
Green Beans
Milk

7

Ch. & Pepperoni Pizza
Pasta Salad
Baby Carrots
Apple Sauce Cup
Milk

8

Chicken Nuggets
Garlic Noodles
Corn
Mixed Fruit
Milk

9

Macaroni & Cheese
Green Beans
Diced Peaches
Apple Juice Cup
Milk

12

Spaghetti w/ plain sauce or meat sauce
Chopped Romaine Salad
Green Beans
Diced Pears
Milk

13

Nacho Grande
Mexican Rice
Corn
Apple Sauce
Milk

14

Roasted Turkey
Mashed Potatoes
Mixed Vegetables
Cranberry Sauce
Diced Peaches
Milk

15

Meatloaf
Mashed Potatoes
Butternut Squash
Empire Apples
Milk

16

Cheese Pizza
Pasta Salad
Baby Carrots
MM Shape Up
Milk

19

St. Joseph's Day Table
Enjoy a sampling of many different meatless dishes
Pasta w/ sauce, Oranges, Dinner Rolls, Donuts,, Grape Juice, Fish Sticks, Milk etc...

20

Breaded Chicken Patty Sandwich
Parsley Boiled Potatoes
Carrots
Diced Pears
Milk

21

Soft Shell Tacos
Seasoned Rice
Cowboy Salsa
Apple Juice Cup
Corn
Milk

22

Chicken Vegetable Rice Casserole
Mixed Vegetables
Apple Sauce
Minion Graham Crackers
Milk

23

Cheese Pizza Bagel
Pasta Salad
Apple Juice Cup
Garden Green Salad
Milk

26

Spicy Chicken Sandwich
French Fries
Mixed Fruit
Chilled Juice Cup
Corn
Milk

27

Pancakes w/syrup
Pork Sausage
Amanda's Bananas
Hash Brown Pattie
Milk

28

Grilled Cheese Sandwich
Tomato Soup
Apple Sauce
Green Beans
Milk

29

HOLY THURSDAY

NO SCHOOL

30

GOOD FRIDAY
NO SCHOOL

Fish Dinners served
3:00 – 6:30pm
Every Friday during Lent

"B" Lunch

Week of March 1st
Grilled Ham & Cheese Sand.
French Onion Soup

Week of March 5th
Turkey Hot Dog
HM Chicken Wing Soup

Week of March 12th
Chicken Fajitas
Vegetable Soup

Week of March 19th
Hamburger on a bun
HM Chicken Noodle Soup

Week of March 26th
Beef Ravioli
Tomato Soup

School News

Every Friday during the Lenten season, the "B" lunch reverts to Grilled Cheese Sandwiches w/ Tomato Soup.

Remember every Friday during Lent we serve a delicious Fish Dinner (Haddock or Salmon) if you don't care for fish we also serve Mac-n-Cheese, Cheese Pizza or Grilled Cheese Sandwiches. 3:00pm – 6:30pm in the cafeteria. Eat in or Take out