

OCTOBER 2017

Saint Amelia School

MONDAY

2

Roasted Turkey
Mashed Potatoes
Cranberry Sauce
Green Beans
Applesauce
Milk

TUESDAY

3

Macaroni & Cheese
Carrots
Applesauce
Chilled Juice cup
Milk

WEDNESDAY

4

National Taco Day
Soft Shell Tacos
Mexican Rice
Cowboy Salsa
Corn
Chilled Juego Cup
Milk

THURSDAY

5

French Toast Sticks
Pork Sausage Links
Amanda's Bananas
Hash Brown Pattie
Milk

FRIDAY

6

NO LUNCHES
EMERGENCY DRILL
DISMISSAL
11:00AM

9

COLUMBUS DAY
NO SCHOOL

10

Spaghetti w/ plain sauce
or meat sauce
Chopped Romaine Salad
Green Beans
Mixed Fruit
Milk

11

Cheeseburger on a bun
French Fries
Broccoli
Diced Pears
Milk

12

Grilled Mozzarella Cheese
Sandwiches
Tomato Soup
Roasted Cauliflower
Empire Apples
Milk

13

Ch. & Pepperoni Pizza
Antipasta Salad
Baby Carrots
Chilled Juice Cup
Milk

16

Boneless Skinless
Chicken
w/ gravy
Mashed Potatoes
Corn
Diced Pears
Milk

17

Saucy Nachos
Mexican Rice
Roasted Chick Peas
Applesauce
Corn
Milk

18

Pizza Bagels
Celery Sticks
Caprese Salad
Garden Green Salad
Milk

19

Fish Sticks
French Fries
Cole Slaw
Green Beans
Diced Peaches
Milk

20

Baked Potato Bar
(taco meat, cheese,
sour cream,
mushrooms etc.)
Broccoli
Apple Juice Cup
Brown Rice
Milk

23

Chicken Nuggets
Garlic Noodles
Empire Apples
Corn
Milk

24

Chicken Parmesan
Side of pasta
Green Beans
Chopped Romaine Salad
Diced Peaches
Milk

25

Turkey Roll Ups w/
stuffing
Mashed Potatoes
Squash
Diced Pears
Milk

26

Goulash
Carrots
Fruited Jello
Garden Green Salad
Milk

27

Ch. & Pepperoni Pizza
Celery Sticks
Applesauce
Pasta Salad
Milk

30

Taco in a bag
Brown Rice
Roasted Cauliflower
Baby Carrots
Fruit Cocktail
Milk

31

Gruesome Grilled Cheese
Bloody Tomato Soup
Graveyard Pudding
Creepy Corn
Petrified Peaches
Mysterious Milk
Halloween Treat

DID YOU KNOW?

More US presidents have been born in
October than in any other month.

"B" Lunch

Week of Oct. 2nd
Turkey Wrap
HM Chicken Noodle Soup

Week of Oct. 10th
Chicken Fajitas
Tomato Soup

Week of Oct. 16th
Turkey Subs
HM Chicken Wing Soup

Week of Oct. 23rd
Soft Shell Tacos
Bean and Bacon Soup

Week of Oct. 30th
Hot Dog on a bun
Beef and Barley Soup

School News

EXCITING CONTEST
STARTING NOW.

Be the first student or staff member to bring in 1 of each color snack tokens that have ever been given out and receive lunch for the whole year for FREE. There are 6 colors to find, RED, WHITE, BLUE, YELLOW, GREEN AND PURPLE.

Please check the school website under the cafeteria tab to find all of our daily selections, as well as the rules and regulations regarding a complete lunch and our charging policy.